



Health risks of vaping

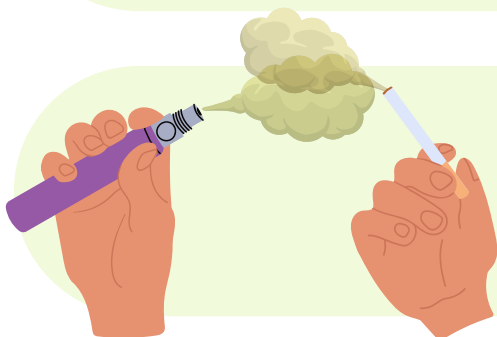
People think that vaping is less harmful than smoking, but that's not true. Vaping can have serious health risks for you.

Vaping can cause **poisoning**, seizures, burns, and lung disease.



Nicotine is highly addictive!
Using nicotine during adolescence/youth can change the structure and function of the brain.

The chemicals inside vapes can cause **cancer** in the long term.



People who have never smoked tobacco and use vapes are **more likely** to take up regular smoking.



If you want to talk to someone about quitting, call **Quitline on 137848**. Ask for an interpreter, if you need one. It is free.



Learn more about the dangers of vaping
www.vapetruths.initiatives.qld.gov.au



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