

Buying fruit and vegetables Gadashada khudaar iyo furut ኣታኸልቲን ፍሩታ ብዛዕባ ምዕዳግ

Many fresh vegetables and fruit are available all year. They usually cost less when they are in season.

Khudaar aad u fara badan iyo furut ayaa la helli karaa sanada oo dhan.
Lacag yar ayaana lagu gadan karaa marka xilligooda la joogo.

ኣብ መሉእ ዓመት ብዙሕ ዘይተኣሸኑ ኣታኸልቲን ፍሩታ ይዳለው ዒዩ። ኣብዝምረተሉ ወቐቲ እንተኸይኑ እቲ ዋጋ ይረክስ እዩ።



Most fresh vegetables and fruit are priced 'per kilogram/per kg'. 1000grams equals 1kg.

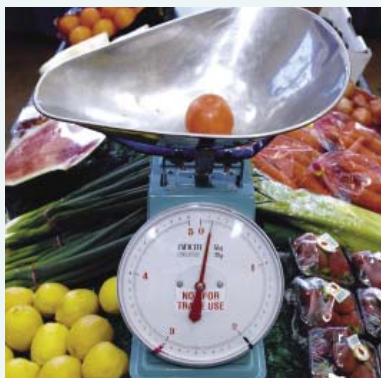
Khudaarta iyo furutka badankood waxaa loo gataa kilogaraam ahaan. 1000 garaam wuxuu le'eg yahay 1 kiilo.

ናይዘተኣሸኑ ኣታኸልቲን ፍሩታን ዋጋ መብዛሕትኡ 'ብኪሎ ሒሳብ' ይኸውን። 1000 ግራም ናብ ኪ.ግራም ክልወጥ እንተሎ 1 ኪሎ ግራም ይኸውን።

You can buy more or less than 1 kilogram. For example:

Waxaad gadan kartaa wax ka badan ama ka yar 1 kiilogaraam. Tusaale ahaan:

ኣብ ሓደ ኪሎ ግራም ንላዕሊ, ወይኣገ ኣብዚ ንታሕቲ ምዕዳግ ይኻእል። ንኣብነት:



125grams

125 garaam 125ግራም



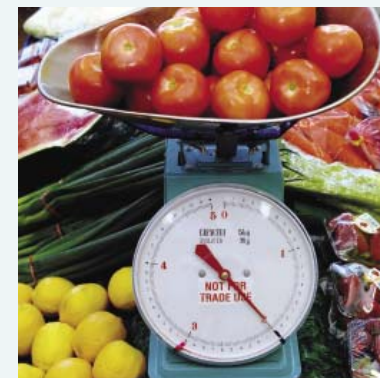
1/2kg

1/2 kiilogaraam 1/2ኪ.ግ



1kg

1 kiilogaram 1ኪ.ግ



2kgs

2 kiilogaraam 2ኪ.ግራም



Some vegetables and fruit are sold ‘per item’

Khudaarta qaarkeed ayaa loo gadaa halhal

ናይ ሓደሓደ ኣታኸልቲን ፍሩታታታን ‘ብቐጥታ’ ይሸየጡ

Sometimes fresh vegetables and fruit are pre-packaged. The price is usually on the package or sign.

Mararka qaarkood khudaarta cusub waa la sii baceeyaa ama baakad ayaa lagu sii ridaa. Qiimuhu badanaa wuxuu ku yaallaa baakada ama calaamad.

ሓደሓደ ግዝ ኣታኸልቲን ፍሩታታታን ጸንሑ ይፀሰግ እዩ። እቲ ዋጋ መብሃሕትኡ ግዝ ብጀምላ ወይካዓ ኣብቲ ባኮ ምልክት ይግበር እዩ።



Dried vegetables need to be cooked.

Khudaarta qalalan waxay u baahan tahay in la kariyo.

ንዝነቐጸ ኣታኸልቲ ምብላል የድሊ እዩ።



Dried fruit can be eaten from the packet.

Furutka qalalan waxaa laga cuni karaa baakada uu ku jiro.

ንዝነቐጸ ፍሩታ ካብ ጋኮ ኣውጺእኻ ምብላእ ይኻኣል እዩ።



You can also buy vegetables and fruit in cans.

Waxaad kaloo gadan kartaa khudaarta iyo furutka iyagoo daasad ku jira.

ከምኡውን ዝተግሸገ ኣታኸልቲን ፍሩታን መዕዳግ ይኻኣል እዩ።



Choose canned fruit in natural juice.

Dooro furutka qasacadaysan oo cabitaanka dabiiciga ahi ay ku jiraan.

ብናይ ተፈጥራዊ ጽማቕ ውሽጢ ዝተግሸገ ፍሩታ ምምራጽ ጽቡቕ እዩ።