

The Health Literacy Project

A project delivered by Mater Refugee Health and funded by Brisbane South PHN



Health System Navigation presentation to students at Upper Mt Gravatt TAFE

Resources

Translated resources can be provided to community members such as [Healthcare in Queensland; A guide for Queensland humanitarian program arrivals](#)



Watch a video about the project:
www.youtube.com/watch?v=isvmN3wrnAk

Overview

Refugee Health Consultants in South Brisbane offer community workshops about navigating the Health System in Queensland to multicultural communities delivered in language or with an interpreter.

Topics covered

- What to do when you are sick
- Asking for an interpreter
- Seeing a Doctor and Specialist
- Medicare and Health Care Cards
- Medicines
- Vaccinations
- Preventative Health Care
- Mental Wellbeing
- Oral Health
- Services and referrals

What we offer

Workshops about how to navigate the health system, tailored to the needs of multicultural communities in the following languages:

- English
- Arabic
- Burmese
- Dari
- Farsi
- Somali
- Swahili
- Tigrinya
- And more by request

For more information or book a workshop:
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