Mpango wa Uratibu wa Afya wa Kitamaduni

Mpango wa uratibu wa huduma za afya kwa watu kutoka asili za tamaduni mbalimbali wenye mahitaji magumu ya afya na ustawi

Malengo ya Mpango

- Jifunze zaidi kuhusu afya na ustawi wako
- Pata usaidizi ili kupata huduma unazohitaji ili kuboresha afya yako

Mpango huu ni wa nani?

- Watu wanaoishi katika Brisbane, Logan na Ipswich City
- kutoka asili ya tamaduni nyingi
- wenye mahitaji magumu ya kiafya na kijamii
- wa umri wote
- wakaazi wa kudumu na mwenye visa zingine (isipokuwa watu walio kizuizini)

Shughuli

- Tathmini ya mahitaji yako ya afya
- Elimu ya afya kuhusu hali ya afya, dawa, na mifumo ya afya
- Usaidizi wa rufaa kwa huduma zingine (Mfano: nyumba, huduma za ajira, usaidizi wa kifedha, madaktari wa jumla na wataalam wa matibabu)
- Mpango huu utashirikiana na familia yako na walezi kama inapohitajika
- Mpango huu ni bure

Je, huduma hii iko wapi?

Muuguzi atazungumza nawe kuhusu mahali ambapo ungependa kupokea usaidizi

Rufaa

Jaza <u>fomu ya rufaa</u> na itume kwa barua pepe <u>mmhcp@mater.org.au</u> au piga simu: 07 3163 4000 (omba mkalimani ikiwa unahitaji)

Jifunze zaidi

Barua pepe: mmhcp@mater.org.au Simu: 07 3163 4000 www.mater.org.au/health/services/refugeehealth/multicultural-health-coordinationprogram

Skeni msimbo wa QR:



Multicultural Health Coordination Program

thealth

A health care coordination program for people from multicultural backgrounds with complex health and wellbeing needs

Program Aims

- Learn more about your health and wellbeing
- Get support to access services you need to improve your health

Who is the program for?

- People living in Brisbane, Logan and Ipswich City
- from a multicultural background
- complex health and social needs
- all age groups
- permanent residents and any other visa holder (except people in detention)

Activities

- Assessment of your health needs
- Health education on health conditions, medications, and health systems
- Help with referral to other services (Eg: housing, employment services, financial support, GPs and medical specialists)
- The program will work with your family and carers as needed

Where is the service?

The nurse will talk to you about where you would like to receive support

Referrals

Fill out the <u>referral form</u> and email <u>mmhcp@mater.org.au</u> or phone: 07 3163 4000 (ask for an interpreter if you need one)

Learn more

Email: <u>mmhcp@mater.org.au</u> Phone: 07 3163 4000 www.mater.org.au/health/services/refugeehealth/multicultural-health-coordinationprogram

Scan the QR code:



• The program is free